

PRODUCT INFORMATION:

all natural ingredients, no artificial colors/flavors



Product Name:	WG Spicy Jamaican Empanada , 5.50 oz, IW	Date: 01/01/2026
Item Number:	50975	Superseding: 01/01/2025
Pack/ Size:	80 units/cs	
Product Attributes:	<i>VEGAN, High Protein (19G) and reduced Sodium</i>	

USDA Meal Contribution/Formulation Statement:

GRAINS

Does product meet Whole Grain Rich criteria?	Yes, Whole Wheat	CONTAINS: MILK, WHEAT, SOY MANUFACTURED IN A FACILITY THAT PROCESSES EGG. <i>Made in a peanut free and tree nut free facility.</i>
Does product contain non-creditable grains?	No	

Grain Crediting by Weight: 2.5 oz eq.

Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	22.76	16 g	1.42
Enriched Wheat Flour	21.1	16 g	1.31

Total Creditable Amount by Weight: 2.5 oz grain eq. (2.73 oz)

Grain Crediting by Exhibit A: 2.5 oz eq.

Exhibit A Group:	Description of Product	Portion Size of Product As Purchased (A)	Weight of One Ounce Equivalent As Listed In SP-30-2012 (B)
Group B	Pizza Crust (meat alt filled)	5.5 (crust 2.7 oz)	1.0 oz
Whole Grain Grams per serving	22.76 g		2.7 oz/1.0 oz = 2.7 oz = 2.5 oz eq.

Meat/Meat Alternative by Weight: 2.0 oz eq.

Description of Creditable Ingredient per FBG?	Ounces per Raw Portion of Creditable Ingredient	FBG Yield/Servings per unit	Creditable Amount (A/B)
Soy Protein Concentrate, Soale Response 4380	0.56	x 64.8 / 18	2.016

Total Creditable M/MA Amount: 2 oz MA (2.0 oz)

PACKAGING SPECIFICATIONS

Case Cube:	0.98 f^3
Case Gross Weight:	28.5 #
Case Net Weight:	27.5 #
Case Dimensions (in):	15.375 x 12.75 x 8.625
Pallet TI/Hi:	8 x 9
UPC FOR CASE (UPC-A 12 digit):	0711341509755
Julian Manufacture Date Case Label Example:	Manufacture Date/Julian Date/Year (MD/51/26)
Storage Requirements:	FROZEN: 18 MONTHS REFRIGERATED: 3 DAYS AMBIENT: N/A
Shelf Life:	18 MONTHS FROZEN FROM MANUFACTURE DATE
Buy American Compliant?	YES
Heating/Serving Instructions:	Convection or Coventional Oven: Preheat oven to 325°F using high fan. Arrange product in a single layer on a baking sheet. Bake for 15-17 minutes.

Ingredients:

CRUST: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (enriched with niacin, iron, thiamine, mononitrate, riboflavin, malted barley, folic acid), WATER, CANOLA OIL, SUGAR. Less than 2% YEAST, SALT. FILLING: SOY CRUMBLE (water, wheat gluten, soy flour, soy protein concentrate, corn oil; Contains 2% or less yeast extract, spices, salt, cooked onion and carrot juice concentrate, dextrose, natural flavors, sugar, paprika [color], garlic powder, glutamic acid, onion powder, soy sauce [water, soybeans, salt]) WATER, RICE FLOUR, TURMERIC, RED PEPPER, THYME, ALLSPICE, ONION POWDER, MODIFIED FOOD STARCH.

Baked Nutritional Information:



Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 4.5g	6%	Total Carbohydrate 40g	15%
Saturated Fat 0g	0%	Dietary Fiber 5g	18%	
Trans Fat 0g		Total Sugars 3g		
Cholesterol 0mg	0%	Includes 3g Added Sugars	6%	
Sodium 480mg	21%	Protein 19g		
Calories per serving 270	Vitamin D 0mcg 0% • Calcium 68mg 6% • Iron 3mg 15%		Potassium 275mg 6%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

I certify the above is true and correct.

Laura Bruno, RD, SNS
President, Buena Vista Foods