

**PRODUCT INFORMATION: all natural ingredients, no artificial colors/flavors**

<b>Product Name:</b>	<b>WG Breakfast Empanada, 3.25 oz, IW</b>	<b>Date:</b> 01/01/2026
<b>Item Number:</b>	<b>53551</b>	<b>Superseding:</b> 01/01/2025
<b>Pack/ Size:</b>	<b>100 units/cs</b>	
<b>Product Attributes:</b>	<i>Excellent as Breakfast or Supper entrée, low added sugar option</i>	



**USDA Meal Contribution/Formulation Statement:**

**GRAINS**

<b>Does product meet Whole Grain Rich criteria?</b>	Yes, Whole Wheat	<b>CONTAINS: MILK, WHEAT, SOY, EGG</b> <i>Made in a peanut free and tree nut free facility.</i>
<b>Does product contain non-creditable grains?</b>	No	

**Grain Crediting by Weight: 1.75 oz eq.**

Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	6.52	16 g	0.4075
Enriched Wheat Flour	14.1	16 g	0.88
Whole Grain Cornmeal	7.7	16 g	0.481

Total Creditable Amount by Weight: 1.75 oz grain eq.

**Grain Crediting by Exhibit A: 1.75 oz eq.**

Exhibit A Group:	Description of Product	Portion Size of Product As Purchased (A)	Weight of One Ounce Equivalent As Listed In SP-30-2012 (B)
Group C	Pizza Crust (meat alt filled)	3.25 (crust 2.25 oz)	1.0 oz
Whole Grain Grams per serving	14.22 g		2.25 oz/1.2 oz = 1.75 oz eq.

**Meat/Meat Alternative by Weight: 1.0 oz eq.**

Description of Creditable Ingredient per FBG?	Ounces per Raw Portion of Creditable Ingredient	FBG Yield/Servings per unit	Creditable Amount (A/B)
Natural Cheese, Mozzarella	0.35	1 oz	0.35
Scrambled Eggs	0.65	1 oz	0.65

Total Creditable M/MA Amount: 1 oz MA

**PACKAGING SPECIFICATIONS**

<b>Case Cube:</b>	0.98 f^3
<b>Case Gross Weight:</b>	21.31 #
<b>Case Net Weight:</b>	20.31 #
<b>Case Dimensions (in):</b>	15.375 x 12.75 x 8.625
<b>Pallet TI/Hi:</b>	8 x 9
<b>UPC FOR CASE (UPC-A 12 digit):</b>	0711341535518
<b>Julian Manufacture Date Case Label Example:</b>	Manufacture Date/Julian Date/Year (MD/51/26)
<b>Storage Requirements:</b>	FROZEN: 18 MONTHS REFRIGERATED: 3 DAYS AMBIENT: N/A
<b>Shelf Life:</b>	18 MONTHS FROZEN FROM MANUFACTURE DATE
<b>Buy American Compliant?</b>	YES
<b>Heating/Serving Instructions:</b>	Convection or Coventional Oven: Preheat oven to 325°F using high fan. Arrange product in a single layer on a baking sheet. Bake for 15-17 minutes.

**Ingredients:**

**CRUST:** WHOLE GRAIN (CORNMEAL, WHEOLE WHEAT FLOUR), ENRICHED WHEAT FLOUR (wheat flour, malted barley flour, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), WATER, CANOLA OIL, WHEAT GLUTEN, SUGAR, CITRIC ACID, SALT, YEAST, FUMARIC ACID, ASCORBIC ACID. **FILLING:** SCRAMBLED EGGS, MOZZARELLA CHEESE, POTATOES, GREEN SALSA (green crushed tomatillos, jalapeño peppers, onions, salt, citric acid, cilantro, garlic) WATER, CHILE, RICE FLOUR, MODIFIED FOOD STARCH, SOY LECITHIN.

**Baked Nutritional Information:**



**Nutrition Facts**

1 servings per container  
Serving size  
3.25 oz (92g)

**Calories per serving** **230**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 5g	6%	Total Carbohydrate 37g	13%
Saturated Fat 2g	10%	Dietary Fiber 2g	7%
Trans Fat 0g		Total Sugars 3g	
Cholesterol 80mg	27%	Includes 2g Added Sugars	4%
Sodium 230mg	10%	Protein 12g	
Vitamin D 1mcg 6% • Calcium 81mg 6% • Iron 2mg 10% Potassium 118mg 2%			

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

I certify the above is true and correct.

Laura Bruno, RD, SNS  
President, Buena Vista Foods