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Superseding: 5.19.22

# WG Bean and Cheese Empanada 5.2oz, IW and BULK

Buena Vista Food Products, 823 W. 8th Street, Azusa, CA 91702 626.815.8859

*Buena Vista is a Peanut Free and Tree Nut free facility.*

## Product Information

Product Name:	WG Bean and Cheese Empanada 5.2oz, IW abd BULK
Item Number:	50451 / 50452

## USDA Meal Contribution/Formulation Statement:

### GRAINS

Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, Whole Wheat	Contains: Wheat, Milk May Contain: Egg, Soy  *This product is manufactured in a facility that processes Wheat, Milk, Egg and Soy.
Does product contain non-creditable grains?	No	

### Grain Crediting by Weight: 2.25 oz eq.

Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	19.76	16 g	1.23
Enriched Wheat Flour	18.5	16 g	1.15
<b>Total Creditable Amount By Weight: 2.25 oz grain eq.</b>			<b>2.38 oz</b>

### Grain Crediting by Exhibit A: 2.0 oz eq.

Exhibit A: Group (A-I)	Description of Product	Portion Size of product as purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)
Group B	Pizza Crust (meat alt filled)	5.2 oz (crust 2 oz)	1.0 oz
Whole Grain Grams per serving:	22.76 g.		(2 oz/1.0 = 2 oz eq.)

### Meat/Meat Alternate Crediting: 2 oz eq.

Description of Creditable Ingredient per FBG?	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Servings per unit	Creditable Amount
Natural Cheese, Cheddar	0.89	X	1 oz	0.89
Refried Beans, Low Fat	1.51	X	7.08/16	0.67
Pinto Beans, No Fat	1.01	X	7.08/16	0.45
<b>Total Creditable M/MA Amount: 2 oz MA</b>			<b>2.01 oz</b>	

### Legume Crediting: 1/2 cup

Description of Creditable Ingredient per FBG?	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Servings per unit	Creditable Amount (1/2 cups)
Refried Beans, Low Fat	1.51	X	47.40/108	0.66
Pinto Beans, No Fat	1.01	X	47.40/108	0.44
<b>Total Creditable Legume: 1/2 cup</b>				

### Packaging

Units per Case:	80 units/cs
Case Cube:	0.98 f <sup>3</sup>
Case Gross Weight:	27 #
Case Net Weight:	26 #
Case Dimensions (in):	15.375 X 12.75 X 8.625
Pallet Tie:	8 x 9
GTIN-12 Code:	0711341504514 IW / '0711341504521
Case/Pack Coding System Example:	Manufacture Date/Julian Date/Year (MD/51/20)
Cooking Instructions:	Either Convection or Conventional Oven: Preheat oven to 325°F using high fan. Arrange product in a single layer on baking sheet. Bake for 15-17 minutes. This product must be cooked to internal temperature of 165 degrees.
Storage Requirements:	Store Frozen at 0°F
Shelf Life:	18 Months Frozen

### Ingredients:

Crust: Whole Wheat Flour, Enriched Wheat Flour (enriched with niacin, iron, thiamine mononitrate, riboflavin, malted barley and folic acid), Water, Canola Oil Sugar. Contains Less than 2% of: Yeast, Salt. Filling: Refried Beans, Pinto Beans, Reduced Fat Cheddar Cheese, Chili Seasoning, Rice Flour.

### Baked Nutritional Information:

I certify the above is true and correct.



### Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 9g	<b>12%</b>	<b>Total Carbohydrate</b> 47g	<b>17%</b>
Saturated Fat 4g	20%	Dietary Fiber 4g	14%
Trans Fat 0g		Total Sugars 2g	
		Includes 2g Added Sugars	4%
<b>Cholesterol</b> 20mg	<b>7%</b>	<b>Protein</b> 13g	
<b>Sodium</b> 560mg	<b>24%</b>		
<b>Calories per serving</b> <b>310</b>		Vitamin D 0mcg 0% • Calcium 165mg 15% • Iron 3mg 15%	
		Potassium 153mg 4%	

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Laura Bruno, RD, SNS  
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