



Date: 1.1.25
Superseding: 7.29.24

WG Blueberry Muffin, 3oz, IW

Buena Vista Food Products, 823 W. 8th Street, Azusa, CA 91702 626.815.8859

Buena Vista is a Peanut Free and Tree Nut free facility.

Product Information	
Product Name:	WG Blueberry Muffin, 3oz, IW
Item Number:	60326

USDA Meal Contribution/Formulation Statement:

GRAINS		
Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, Whole Wheat	Contains: Wheat, Milk, Egg, Soy
Does product contain non-creditable grains?	Yes, Corn Starch (0.32 g)	

Grain Crediting by Weight: 2.0 oz eq.

Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	16.69	16 g	1.04
Enriched Wheat Flour	15.41	16 g	0.96

Total Creditable Amount By Weight: 2.0 oz grain eq. **2.0 oz**

Grain Crediting by Exhibit A: 1.5 oz eq.

Exhibit A: Group (A-I)	Description of Product	Portion Size of product as purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)
Group D	Muffin	3.0 oz	2.0 oz.
Whole Grain Grams per serving:	16.69		(3.0 oz/2.0 oz = 1.5 = 1.5 oz eq.)

Packaging

Units per Case:	120 units/cs
Case Cube:	1.54 f^3
Case Gross Weight:	23.5 #
Case Net Weight:	22.5 #
Case Dimensions (in):	19.375 x 15.25 x 10
Pallet Tie:	6 X 8
GTIN-12 Code:	0711341603262
Case/Pack Coding System Example:	Manufacture Date/Julian Date/Year (MD/51/20)
Serving Recommendation:	Thaw at room temperature 2-3 hours before service.
Storage Requirements:	Store Frozen at 0°F
Shelf Life:	18 Months Frozen / 2 Days Ambient

Ingredients:

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLE SAUCE, WILD BLUEBERRIES, CANOLA OIL, EGGS, BUTTERMILK, MODIFIED FOOD STARCH, NATURAL VANILLA FLAVOR, BAKING POWDER, SODIUM BICARBONATE, SALT, SOY LECITHIN.

Baked Nutritional Information:

I certify the above is true and correct.


Laura Bruno, RD, SNS
President, Buena Vista Foods



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
		Total Fat 7g	9%	Total Carbohydrate 39g	14%
		Saturated Fat 1g	5%	Dietary Fiber 2g	7%
		Trans Fat 0g		Total Sugars 17g	
		Cholesterol 25mg	8%	Includes 13g Added Sugars	26%
		Sodium 240mg	10%	Protein 4g	
Calories per serving		230			
		Vitamin D 0mcg 0% • Calcium 15mg 2% • Iron 2mg 10% Potassium 104mg 2%			

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.