



Date: 2.2.23
Superseding: 1.1.23

WG Sunrise Muffin, Fortified, 3.5oz, IW

Buena Vista Food Products, 823 W. 8th Street, Azusa, CA 91702 626.815.8859

Buena Vista is a Peanut Free and Tree Nut free facility.

Product Information

Product Name:	WG Sunrise Muffin, Fortified, 3.5oz, IW
Item Number:	63272 IW

USDA Meal Contribution/Formulation Statement:

GRAINS

Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, Whole Wheat	Contains: Wheat, Milk, Egg May Contain: Soy *This product is manufactured in a facility that processes Wheat, Milk, Egg and Soy.
Does product contain non-creditable grains?	Yes, Corn Starch (0.35 g)	

Grain Crediting by Weight: 2.0 oz eq.

Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	10.689	16 g	0.668
Enriched Wheat Flour	10.689	16 g	0.668
Rolled Oats	11.757	16 g	0.734

Total Creditable Amount By Weight: 2.0 oz grain eq. 2.07oz

Grain Crediting by Exhibit A: 1.75 oz eq.

Exhibit A: Group (A-I)	Description of Product	Portion Size of product as purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)
Group D	Muffin	3.5 oz	2.0 oz.
Whole Grain Grams per serving:	22.45		(3.5 oz/2.0 oz = 1.75 = 1.75 oz eq.)

Packaging

Units per Case:	100 units/cs
Case Cube:	1.54 f³
Case Gross Weight:	22.88 #
Case Net Weight:	21.88 #
Case Dimensions (in):	19.375 x 15.25 x 10
Pallet Tie:	6 x 8
GTIN-12 Code:	0711341632729
Case/Pack Coding System Example:	Manufacture Date/Julian Date/Year (MD/51/20)
Serving Recommendation:	Thaw at room temperature 2-3 hours before service.
Storage Requirements:	Store Frozen at 0°F
Shelf Life:	18 Months Frozen / 2 Days Ambient

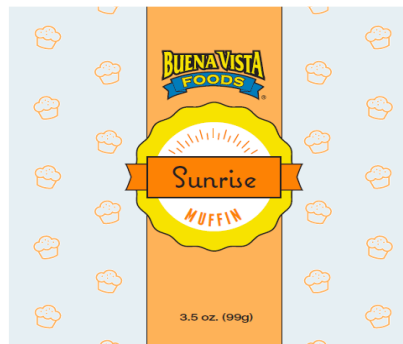
Ingredients:

Water, Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley, Rice Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Organic Sweet Potatos, Brown Sugar, Sugar, Oats, Canola Oil, Eggs, Natual Vanilla Flavor, Sweet Whey, Modified Food Starch, Baking Powder, Spice, Vitamin Blend (Calcium Carbonate, Wheat Starch, Ascorbic Acid [Vitamin C], dl-alpha-tocopheryl acetate [Vitamin E], Reduced Iron, Niacin [Vitamin B3], Retinol Palmitate [Vitamin A], Cholecalciferol [Vitamin D], Pyridoxine Hydrochloride [Vitamin B6], Thiamine Hydrochloride [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [Vitamin B9], Cyanocobalamin [Vitamin B12]), Sodium Bicarbonate.

Baked Nutritional Information:

I certify the above is true and correct.

Laura Bruno, RD, SNS
President, Buena Vista Foods



Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 7g	9%	Total Carbohydrate 45g	16%
Saturated Fat 1g	5%	Dietary Fiber 3g	11%	
Trans Fat 0g		Total Sugars 20g		
Cholesterol 20mg	7%	Includes 7g Added Sugars	14%	
Sodium 210mg	9%	Protein 4g		
Calories per serving	260	Vitamin D 4mcg 20% • Calcium 155mg 10% • Iron 6mg 35% Potassium 174mg 4% • Vitamin A 336mcg 35% • Vitamin C 22mg 25% Vitamin E 3mg 20% • Thiamin 0.3mg 25% • Riboflavin 0.4mg 30% Niacin 4mg 25% • Vitamin B6 0.4mg 25% • Vitamin B12 0.5mcg 20%		
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				