



WG Blueberry Muffin, 1.8oz, IW
 Buena Vista Food Products, 823 W. 8th Street, Azusa, CA 91702 626.815.8859
Buena Vista is a Peanut Free and Tree Nut free facility.

Date: 2.14.23
 Superseding: 1.1.23



Product Information	
Product Name:	WG Blueberry Muffin, 1.8oz, IW
Item Number:	64131

USDA Meal Contribution/Formulation Statement:

GRAINS		
Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, Whole Wheat	Contains: Wheat, Milk, Egg May Contain: Soy *This product is manufactured in a facility that processes Wheat, Milk, Egg and Soy.
Does product contain non-creditable grains?	Yes, Corn Starch (0.2 g)	

Grain Crediting by Weight: 1.0 oz eq.

Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	10.96	16 g	0.685
Enriched Wheat Flour	8.1	16 g	0.506

Total Creditable Amount By Weight: 1.0 oz grain eq. 1.19 oz

Grain Crediting by Exhibit A: .75 oz eq.

Exhibit A: Group (A-I)	Description of Product	Portion Size of product as purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)
Group D	Muffin	1.8 oz	2.0 oz.
Whole Grain Grams per serving:	10.96		(1.8 oz/2.0 oz = 0.9 = .75 oz eq.)

Packaging

Units per Case:	120 units/cs
Case Cube:	.98 f^3
Case Gross Weight:	14.50 #
Case Net Weight:	13.50 #
Case Dimensions (in):	15.375 x 12.75 x 8.625
Pallet Tie:	8 x 9
GTIN-12 Code:	0711341641318
Case/Pack Coding System Example:	Manufacture Date/Julian Date/Year (MD/51/20)
Serving Recommendation:	Thaw at room temperature 2-3 hours before service.
Storage Requirements:	Store Frozen at 0°F
Shelf Life:	18 Months Frozen / 2 Days Ambient

Ingredients:

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, CANOLA OIL, SUGAR, BROWN SUGAR, BLUEBERRIES, DRY NON-FAT MILK, WHEAT STARCH, NATURAL VANILLA FLAVOR, NATURAL BLUEBERRY FLAVOR, BAKING POWDER, SOYBEAN OIL, SALT.

Baked Nutritional Information:

I certify the above is true and correct.

L Bruno

Laura Bruno, RD, SNS
 President, Buena Vista Foods



Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 4g	5%	Total Carbohydrate 23g	8%
Saturated Fat 0.5g	3%	Dietary Fiber 1g	4%	
Trans Fat 0g		Total Sugars 10g		
Cholesterol 15mg	5%	Includes 8g Added Sugars	16%	
Sodium 140mg	6%	Protein 2g		
Calories per serving	140	Vitamin D 0mcg 0% • Calcium 9mg 0% • Iron 1mg 6%		
		Potassium 62mg 2%		

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.