



Date: 1.1.24
Superseding: 1.1.23

WG Blueberry Crumble Muffin, Fortified, 3oz, IW

Buena Vista Food Products, 823 W. 8th Street, Azusa, CA 91702 626.815.8859

Buena Vista is a Peanut Free and Tree Nut free facility.

Product Name:	WG Blueberry Crumble Muffin, Fortified, 3oz, IW
Item Number:	90038

USDA Meal Contribution/Formulation Statement:

GRAINS

Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, Whole Wheat	Contains: Wheat, Milk, Egg May Contain: Soy *This product is manufactured in a facility that processes Wheat, Milk, Egg and Soy.
Does product contain non-creditable grains?	Yes, Corn Starch (0.32 g)	

Grain Crediting by Weight: 2.0 oz eq.

Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	16.98	16 g	1.06
Enriched Wheat Flour	15.41	16 g	0.96

Total Creditable Amount By Weight: 2.0 oz grain eq.

Grain Crediting by Exhibit A: 1.5 oz eq.

Exhibit A: Group (A-I)	Description of Product	Portion Size of product as purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)
Group D	Muffin	3.0 oz	2.0 oz.
Whole Grain Grams per serving:	16.98		(3.0 oz/2.0 oz = 1.5 = 1.5 oz eq.)

Packaging

Units per Case:	120 units/cs
Case Cube:	1.54 f^3
Case Gross Weight:	23.5 #
Case Net Weight:	22.5 #
Case Dimensions (in):	16.375 x 12.625 x 12.875
Pallet Tie:	8 x 6
GTIN-12 Code:	0711431900385
Case/Pack Coding System Example:	Manufacture Date/Julian Date/Year (MD/51/20)
Serving Recommendation:	Thaw at room temperature 2-3 hours before service.
Storage Requirements:	Store Frozen at 0°F
Shelf Life:	18 Months Frozen / 2 Days Ambient

Ingredients:

Water, Whole Wheat Flour, Brown Sugar, Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs, Canola Oil, Blueberries, Isolated Milk Protein, Corn Syrup, Resistant Maltodextrin, Nonfat Dry Milk, Food Starch-Modified, Baking Powder (Baking Soda, Sodium Aluminum Phosphate, Cornstarch, Monocalcium Phosphate), Salt, Soybean Oil, Vitamin Mix (Calcium Carbonate, Wheat Starch, Ascorbic Acid (Vitamin C), dl-alpha-tocopherol acetate (vitamin E), Reduced Iron, Niacin (Vitamin B3), Retinol Palmitate (Vitamin A), Cholecalciferol (Vitamin D), Pyridoxine Hydrochloride (Vitamin B6), Thiamine Hydrochloride (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid (Vitamin B9), Cyanocobalamin (Vitamin B12), White Vinegar, Natural Flavor.

Baked Nutritional Information:

I certify the above is true and correct.

President, Buena Vista Foods



Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat	8g	10%	Total Carbohydrate
Saturated Fat	1g	5%	Dietary Fiber	3g 10%
Trans Fat	0g		Total Sugars	18g
Cholesterol	30mg	10%	Includes 16g Added Sugars	33%
Sodium	230mg	10%	Protein	7g
Calories per serving	240			
Vitamin D 5mcg 25% • Calcium 240mg 20% • Iron 5mg 30% Potassium 86mg 2% • Vitamin A 219mcg 25% • Vitamin C 22mg 25% Vitamin E 4mg 25% • Thiamin 0.2mg 15% • Riboflavin 0.3mg 25% Niacin 4mg 25% • Vitamin B ₆ 0.4mg 25% • Vitamin B ₁₂ 0.6mcg 25%				
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>				