



Date: 7.12.24
Superseding: 3.28.24

Black Bean and Cheese Empanada, 5.2oz BULK

Buena Vista Food Products, 823 W. 8th Street, Azusa, CA 91702 626.815.8859

Buena Vista is a Peanut Free and Tree Nut free facility.

Product Information

Product Name:	WG Black Bean and Cheese Empanada 5.2oz BULK
Item Number:	50462

USDA Meal Contribution / Formulation Statement

GRAINS

Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, WG Corn Meal and Whole Wheat	Contains: Wheat, Milk May Contain: Egg, Soy *This product is manufactured in a facility that processes Wheat, Milk, Egg and Soy
Does product contain non-creditable grains?	NO	

Grain Crediting by Weight: 2.0 oz eq

Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	7.52	16	0.47
Enriched Wheat Flour	16.1	16	1.0
Whole Grain Meal	8.7	16	0.54

Total Creditable Amount by Weight: 2.0 eq.

Grain Crediting by Exhibit A: 2.0 oz eq.

Exhibit A: Group (A-I)	Description of Product	Portion Size of Product as Purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)
Group B	Pizza Crust (meat alt filled)	5.2 oz (crust 2oz)	1.0 oz
Whole Grain Grams Per Serving:	16.22 g		2 oz / 1.0 oz = 2.0

Meat/Meat Alternate Crediting 2oz eq.

Description of Creditable Ingredient per FBG?	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Servings per Unit	Creditable Amount
Natural Cheese, Cheddar	1.50	X	1 oz	1.50
Refried Black Beans	1.25	X	47.10/108	0.545

Total Creditable M/MA Amount: 2oz MA

Legume Crediting: 1/4 cup

Description of Creditable Ingredient per FBG?	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Servings per Unit	Creditable Amount (1/2 cups)
Refried Black Beans	1.25	X	49.60/115	0.54

Total Creditable Legume: 1/4 cup - Beans & legume vegetables may be counted towards the meat/meats alternatives or vegetable components, but not as both simultaneously.

Product Details:

Units per Case:	80 units/cs
Case Cube:	0.98 f ³
Case Gross Weight:	27 #
Case Net Weight:	26 #
Case Dimensions (in):	15.375 X 12.75 X 8.625
Pallet Tie:	8 x 9
GTIN-12 Code:	0711341504620
Manufacture Date Example:	Manufacture Date/Julian Date/Year (MD/51/23)
Cooking Instructions:	Either Convection or Conventional Oven: Preheat oven to 325°F using high fan. Arrange product in a single layer on baking sheet. Bake for 15-17 minutes. This product must be cooked to internal temperature of 165 degrees.
Storage Requirements:	Store Frozen at 0F
Shelf Life:	18 Months Frozen

Ingredients:

Crust: Enriched Wheat Flour (enriched with niacin, iron, thiamine mononitrate, riboflavin, malted barley and folic acid), Whole Grain Cornmeal, Whole Wheat Flour, Water, Canola, Oil Sugar. **Contains Less than 2% of:** Yeast, Salt. **Filling:** Refried Black Beans, Cheddar Cheese, Water, Chili Seasoning, Rice Flour.

I certify the above is true and correct:

Laura Bruno, RD, SNS
President, Buena Vista Foods



Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 14g	18%	Total Carbohydrate 58g	21%
Saturated Fat 6g	30%	Dietary Fiber 6g	21%	
Trans Fat 0g		Total Sugars 3g		
Cholesterol 35mg	12%	Includes 2g Added Sugars	4%	
Sodium 430mg	19%	Protein 20g		
Calories per serving	420	Vitamin D 0mcg 0%	Calcium 237mg 20%	Iron 3mg 15%
		Potassium 210mg 4%		

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.