



Date: 10.10.25
Superseding: 10.8.24

WG Spicy Jamaican Empanada, Vegan, IW

Product Information																																		
Product Name:	WG Spicy Jamaican Empanada, Vegan, 5.5oz, IW																																	
Item Number:	50975																																	
USDA Meal Contribution/Formulation Statement:																																		
GRAINS																																		
Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, Whole Wheat	Contains: Wheat, Soy May Contain: Milk, Egg *This product is manufactured in a facility that processes Wheat, Milk, Egg and Soy.																																
Does product contain non-creditable grains?	Yes, Corn Starch (.2g)																																	
Grain Crediting by Weight: 2.5 oz eq.																																		
Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)																															
Whole Wheat Flour	22.76	16 g	1.42																															
Enriched Wheat Flour	21.1	16 g	1.31																															
Total Creditable Amount By Weight: 2.5 oz grain eq.			2.73 oz																															
Grain Crediting by Exhibit A: 2.5 oz eq.																																		
Exhibit A: Group (A-I)	Description of Product	Portion Size of product as purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)																															
Group B	Pizza Crust (meat alt filled)	5.5 oz (crust 2.7 oz)	1.0 oz																															
Whole Grain Grams per serving:	22.76 g.		(2.7 oz/1.0 = 2.7 oz = 2.5 oz)																															
Meat/Meat Alternate Crediting: 2 oz eq.																																		
Description of Creditable Ingredient per FBG?	Ounces per Raw Portion of Creditable Ingredient	Multiply % of Protein As Is	Divide By	Creditable Amount																														
Soy Protein Concentrate, Solae Response 4380	0.56	X 64.8	18	2.016																														
Total Creditable M/MA Amount: 2 oz MA			2.0 oz																															
Packaging																																		
Units per Case:	80 units/cs																																	
Case Cube:	0.98 f^3																																	
Case Gross Weight:	28.5 #																																	
Case Net Weight:	27.5 #																																	
Case Dimensions (in):	15.375 X 12.75 X 8.625																																	
Pallet Tie:	8 x 9																																	
GTIN-12 Code:	0711341509755																																	
Case/Pack Coding System Example:	Manufacture Date/Julian Date/Year (MD/51/25)																																	
Cooking Instructions:	Convection or Conventional Oven: Preheat oven to 325°F using high fan. Arrange product in a single layer on baking sheet. Bake for 15-17 minutes. This product must be cooked to internal temperature of 165 degrees.																																	
Storage Requirements:	Store Frozen at 0°F																																	
Shelf Life:	18 Months Frozen																																	
Ingredients:																																		
Crust: Whole Wheat Flour, Enriched Wheat Flour (enriched with niacin, iron, thiamine mononitrate, riboflavin, malted barley and folic acid), Water, Canola Oil Sugar. Contains Less than 2% of: Yeast, Salt. Filling: Soy Crumble (Water, Wheat Gluten, Soy Flour, Soy Protein Concentrate, Corn Oil. Contains 2% or less of Yeast Extract, Spices, Salt, Cooked Onion and Carrot Juice Concentrate, Dextrose, Natural Flavors, Sugar, Paprika [color], Garlic Powder, Glutamic Acid, Onion Powder, Soy Sauce [water, soybeans, salt]), Water, Rice Flour, Tumeric, Red Pepper, Thyme, Allspice, Onion Powder. Contains less than 2% of Modified Food Starch.																																		
Baked Nutritional Information:																																		
I certify the above is true and correct.																																		
																																		
Laura Bruno, RD, SNS President, Buena Vista Foods																																		
																																		
<table border="1"><thead><tr><th colspan="2">Nutrition Facts</th></tr><tr><th>Amount/serving</th><th>% Daily Value*</th></tr></thead><tbody><tr><td>Total Fat 4.5g</td><td>6%</td></tr><tr><td>Saturated Fat 0g</td><td>0%</td></tr><tr><td>Trans Fat 0g</td><td></td></tr><tr><td>Cholesterol 0mg</td><td>0%</td></tr><tr><td>Sodium 480mg</td><td>21%</td></tr><tr><td>Vitamin D 0mcg</td><td>0%</td></tr><tr><td>Potassium 275mg</td><td>6%</td></tr><tr><td>Total Carbohydrate 40g</td><td>15%</td></tr><tr><td>Dietary Fiber 5g</td><td>18%</td></tr><tr><td>Total Sugars 3g</td><td></td></tr><tr><td>Includes 3g Added Sugars</td><td>6%</td></tr><tr><td>Protein 19g</td><td></td></tr><tr><td>Calories per serving</td><td>270</td></tr></tbody></table> *The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					Nutrition Facts		Amount/serving	% Daily Value*	Total Fat 4.5g	6%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 480mg	21%	Vitamin D 0mcg	0%	Potassium 275mg	6%	Total Carbohydrate 40g	15%	Dietary Fiber 5g	18%	Total Sugars 3g		Includes 3g Added Sugars	6%	Protein 19g		Calories per serving	270
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